## STUDIES FROM THE DESIRE OF AGES

## Chapter XXVIX - "The Sabbath"

- A. What was God's purpose in creating the Sabbath? Why is the Sabbath not for Israel only, but for the whole world?
- B. How can we keep the Sabbath holy? In what ways can its observance be "perverted"?
- C. What is a common characteristic in every false religion? How does this relate to the Sabbath?
- D. In what way does the Sabbath point to Jesus? What have been some of the strengths and weaknesses of your own attempts to rightly keep the Sabbath?

## **Additional Thoughts**

- 1. Who created the Sabbath and what is it a token of? (Page 281)
- 2. What is the purpose of the Sabbath? (Page 281-282)
- 3. Who is the Sabbath for? (Page 283)
- 4. "The Jewish leaders accomplished the will of Satan by surrounding God's rest day with burdensome requirements. How? (Page 283)
- 5. How did Jesus defend the disciples? (Page 284-285)
- 6. When is sacrifice of no value? What about service, when or is it ever of no value? (Page -286)
- 7. Why did Jesus ask them if it was alright to kill on the Sabbath? (Page 286)
- 8. Did Jesus do away with the Sabbath when He healed the man? What in fact did He do? (Page 287)
- 9. "The Sabbath points them to the works of creation as evidence of ..." Of evidence of what, and why is that important? (Page 289)
- 10. Personal views: List a favorite section or some new thought from this reading.